



# Hearty Mainers Havdalah

Saturday, January 23 · 5:30pm  
Susan T. Goldberg Courtyard  
...because we're Mainers!



So we can't pray indoors together? So it's cold outside? So we can't sing at full volume? There's no rule that says we can't bundle up and pray outside! So let's gather, masked and 6 feet apart of course, in defiance of the cold but in observance of our rituals and of COVID protocols, for TBE's first ever Hearty Mainers Havdalah. Bundle up, stretch your singing voice, bring a warm and/or strong beverage of your choice, and **meet us at sundown (5:31pm) this Saturday, January 23, in the Susan T. Goldberg Courtyard at TBE** for a unique Havdalah experience. A little weather never hurt anybody; we are Mainers after all!

# DIY Tu BiShvat Seder Workshop

Sunday, January 24 · 9am  
Taught by Rabbinic Intern  
Lorin Troderman



Did you know that Pesach isn't the only holiday with a Seder associated with it? In the 16th Century, Kabbalists created a Pesach-like Seder to celebrate Tu BiShvat, the New Year for the Trees. Tu BiShvat is the magical, mystical, ecological holiday that provides us an opportunity to reflect on our personal connections to this planet, its trees, and each other. To honor and celebrate nature and the planet, the Tu BiShvat Seder includes eating a combination of fruit and nuts, drinking four cups of wine, and reflecting on the divine Tree of Life by discussing passages of Torah and Talmud. This interactive workshop is specifically designed to give you the tools you need to host your own Tu BiShvat Seder. We will briefly review the history and evolution of this holiday, share Seder formats (and Haggadot), recipes (ingredients) and songs, as well as answer any questions you might have when hosting a Seder and other celebratory activities in honor of this day.

**Sunday, January 24 from 9-9:45am. Taught by Rabbinic Intern Lorin Troderman.**

[Zoom Link](#)

**And next week...**

# Judaism for the Curious

Thursdays, January 28 - May 6 · 7pm

Taught by Rabbi Carolyn Braun and  
Rabbinic Intern Lorin Troderman



There is a Talmudic tale: A person came up to the first century sage, Rabbi Hillel, and asked to convert to Judaism on the condition that Hillel could teach them the entire Torah as they stood on one foot. So Hillel taught them: "That which is hateful to you, do not do to your fellow. That is the whole Torah, all the rest is commentary, now, go and learn it." (Talmud Bavli Shabbat 31a). Now that you know the basics, put your other foot down and join us for a three month exploration of Jewish fundamentals!

This class is for *anyone* who wants to learn about Judaism. While it is not a class specifically for those who are considering becoming Jewish, it is a good place to start. All are welcome.

Thursdays, January 28 - May 6 at 7pm. Taught by Rabbi Braun and Lorin Troderman.

**Registration closes on Monday, January 25.** Email [office@tbemaine.org](mailto:office@tbemaine.org) with any questions.

[Register Today](#)

## Shabbat shalom!



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